

## Press Release

More Information: Steele Bremner, 545-3363

*For Immediate Release*

July 30, 2015

### **Mini Retreat at the Waccamaw Library**

*“Let the Beauty We Love Be What We Do”*

The Waccamaw Library will host Dr. Sally Z. Hare, senior facilitator of the national Center for Courage and Renewal, as she presents a mini-retreat that promises to reconnect us with what makes us feel alive and gives us energy. The retreat, “Let the Beauty We Love Be What We Do,” will be held August 25 from 1-4 pm in the library auditorium.

“This is a chance to rejoin the soul and role, reconnecting who we are with what we do,” Hare said. “It’s an opportunity to think about what it means to live an undivided life, to have the courage to teach, to lead, to parent, to be who we are.”

Hare is the author of “**Let the Beauty We Love Be What We Do: Stories of Living Divided No More.**” A Kellogg National Fellowship from 1990 to 1993, Sally says, “changed my life. My learning plan allowed me to look at the concept of community across cultures. I visited Bali, Greece, Ireland, Australia, New Zealand, Mexico, and much of the United States. I met so many important teachers in my life, from Mary Robinson, then president of Ireland, to a healer in Ubud (Bali); from Parker Palmer to Beni, a very wise three-year-old in Benin (Africa).”

Hare, who is also the retired dean of Graduate and Continuing Education at Coastal Carolina University, has worked extensively with Parker Palmer’s Circles of Trust® and will share what she has learned from this work about the challenge of sustaining ourselves and our commitment to deeply held values and beliefs.

The event is free and open to the public. To register or for more information, please contact Steele Bremner at (843) 545-3363.